

MAREAS

Comprehensive Therapeutic Services for Children & Families



Jenn Houghton, Manager of Services (Behaviour Consultant)

As graduate of Mohawk College Child and Youth Worker Program, Jenn has over 25 years experience serving and counselling youth with complex needs and dual diagnosis. She has experience in working front line and managing in both youth residential treatment homes and section classrooms.

Jenn was a Program Supervisor of a youth residential treatment home for 15 years, where she supported male youth ages 12-18. She then made the transition and became a Foster Care Supervisor for a team of treatment foster parents and their youth. This allowed Jenn to build relationships on a more personal level to support the families towards growth and development. This role expanded to managing intensive foster homes with complex needs

youth aged 16-20, that required 1:1 or 2:1 attention within agency foster homes. These youth were met with many challenges and these homes were often a last remaining option, after several placement changes. Many of these youth were at transitional age, some meeting TAY eligibility and others needing to build their skills towards independence.

In addition to this experience, Jenn was a treatment Foster Parent for over 15 years. She welcomed over 18 children in both her personal home and within an agency run home that supported higher needs foster youth. These roles provided her the opportunity to develop her skills in behavioural management, clinical treatment planning, crisis management and understanding the effects of trauma, grief and loss.

Jenn has experience in working with individuals with dual diagnosis including **ADHD, FASD, ASD, ODD, Anxiety, Trauma, PTSD** and **Mood Disorders** to name a few. She has supported youth with significant mental health diagnosis, **suicidal risk, anger, addiction issues, ABI** and **terminal medical issues**. Over the **25+** years in the field of social service work Jenn has been committed to continue her learning and development to stay current in the support of children, youth and their families.

- Suicide talk Suicide Prevention Council of Hamilton
- Grief and loss
- CPR and First Aid Certified since 1999
- Certified in UMAB (understanding & managing aggressive behaviours) Certified Instructor.
- Virtues training
- ONLAC training
- Moral Capabilities Training
- Neufeld Art and Science of Transplanting Children
- CPRI Becoming Trauma Informed PART 1 and 2
- ASD and Mental Health Mackenzie Health Services
- Determination of Indigenous Identity Training HRIC
- Naloxone Training
- Youth and Substance Use: A Trauma Perspective
- Indigenous Cultural Capacities Training HRIC
- Supporting Your Child with FASD: A workshop for Families Surrey Place

Jenn has devoted her life to serving others and believes that every child deserves a chance to feel safe, secure, and loved.