

MAREAS

Comprehensive Therapeutic Services for Children & Families



Melanie Snow-BA

Family Outreach Specialist & Certified Infant Sleep Consultant

Melanie is a graduate of McMaster University and obtained a BA (Bachelor of Arts) degree in Health Studies and a Diploma in Addictions Counselling. Melanie has 5 years of experience working with young children, with a focus with children on the Autism Spectrum.

During her career of working with children with autism, Melanie implemented intensive behaviour intervention (ABA) to help young children learn skills to increase their learning trajectory including the areas of academic, self-care, receptive and expressive language, fine and gross motor skills. Melanie also has experience implementing behaviour reduction plans to support children with

de-escalating challenging behaviours.

Along with working directly with young children, Melanie has experience working with the entire family and providing parent coaching within the centre environment, as well as the home environment. Most recently Melanie has become a Certified Infant Sleep Consultant through ISCP.

Melanie's most recent trainings include:

- First Aid and CPR
- Non-Violent Crisis Intervention
- Regional Training- Intensive Behaviour Intervention (IBI)
- PECS Training (Picture Exchange Communication System)

In her spare time, Melanie enjoys spending time with her husband and two young boys and their bernadoodle dog.

"Believe you can and you're halfway there". Theodore Roosevelt