

MAREAS

Comprehensive Therapeutic Services for Children & Families



TARA MACNEVIN, EA **FAMILY OUTREACH SPECIALIST**

Tara brings to Mareas 25 years of experience working with families and children. 12 of those years were in a formal school setting working with children with exceptionalities and interfering behaviours.

Tara is passionate about community and believes this comes from building a robust network of healthy, strong families. Tara has facilitated many groups including parent support programs teaching the importance of early healthy attachment and facilitating youth groups focused on self-confidence and mindfulness practices, as a few examples of how Tara has supported her community.

In addition to working in a formal setting, Tara has supported children and youth in her home and used her therapeutic skills as a foster parent for many years.

Tara uses her own early beginnings and time spent on Akwesasne Mohawk territory in her practices with children & families using her strong connection to nature and its abilities to help heal, as a holistic therapeutic modality.

Tara's ongoing love of learning and practical life experiences have only fostered this passion to continuing supporting children, youth and families in her community, with Mareas.