

MAREAS

Comprehensive Therapeutic Services for Children & Families



Latika Guroodita, Bsc, Msc **Family Outreach Specialist**

Latika is a dedicated healthcare practitioner passionate about empowering people of all ages and abilities to achieve their full potential in both physical and mental health.

In 2020, Latika completed her Honours Bachelor of Kinesiology degree at Wilfrid Laurier University, a journey enriched by her concurrent pursuit of dual minors in Education and Psychology, alongside a specialized focus on health and rehabilitation.

Latika embarked on her journey to pursue a Master of Science in Occupational Therapy in the United Kingdom and successfully obtained this degree in 2023.

Latika's diverse professional experience spans interactions with individuals of varying ages and neuro diversities in one-on-one and group settings. With over five years of clinical exposure, her roles have encompassed ABA Therapy, Exercise Therapy, Support Work, and Occupational Therapy Student positions.

Her experience extends to individuals grappling with intricate needs, including those afflicted by ASD, FASD, ADHD, BPD, OCD, Anxiety, Eating Disorders, TBI, and ABIs, in addition to a spectrum of physical and mental health disorders.

Latika's extensive educational background has provided her with a distinctive insight into human development and learning, empowering her to customize holistic interventions that foster both physical and mental growth and recovery in her clients.