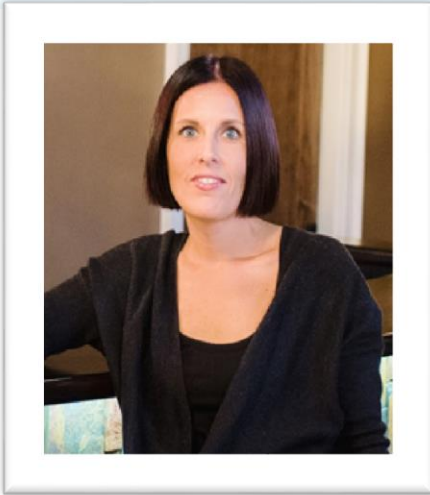


MAREAS

Comprehensive Therapeutic Services for Children & Families



Amber Adams, BSW, RSW

Child & Family Therapist

From a young age Amber always gravitated towards helping people and continued to explore this passion by completing her Bachelor of Arts degree in Sociology/Psychology and further completing her Bachelor of Social Work degree at McMaster University. For over 15 years Amber continued to work with children, youth and their families to overcome struggles of mental health, addictions and conflict with the law. Amber's experience in child welfare and corrections has provided her with a solid understanding of the barriers faced by youths and their families and helps implement strategies of change.

The majority of Amber's career has involved working with a non-voluntary population and has provided her with the opportunity to learn how to build rapport and successfully work with youth at risk and individuals who struggle with aggression and violence. Amber's varied experiences in both custodial and community aspects of the justice and child welfare system have afforded her an opportunity to develop a comprehensive knowledge base from which to deliver non-voluntary crisis intervention techniques while implementing problem solving and critical thinking skills in high risk, time sensitive situations.

Amber has extensive experience in creating treatment plans and facilitating counselling that involves individual, group and family therapy treatment programs. Working within a diverse population has allowed her to develop a strong strength-based approach that is culturally responsive to diverse populations and individually focused. Throughout her career she has developed a strong understanding of the underpinnings of risk needs assessment tools, suicide prevention, addictions and mental health.

Amber specializes in the aspect of mental health and how it impacts individual's behaviors and relationships. While working for the Ministry of Children and Youth Services, she provided training to all staff in the application of Case Management, The Youth Criminal Justice Act, Intensive Rehabilitative Custody and Supervision, and Suicide Prevention and Intervention. Amber has attended various aspects of training including:

- Drug, Alcohol, Addictions Treatment Training
- Working with Mental Health Clients
- Diversity of Death in Different Cultures
- Suicide Prevention and Intervention
- Case Management Plan Training
- Intensive Rehabilitative Custody and Supervision "IRCS" Training
- Fetal Alcohol Spectrum Disorder Training
- Adolescents and Gangs Training

Amber has a passion for working with youth and their families and is committed to delivering the best possible support in helping them navigate through their personal journey. She is a strong believer that the past does not have to predict the future.