

MAREAS

Comprehensive Therapeutic Services for Children & Families



ELISA RENDINA-ASHLEY, Owner/Director

MAREAS founder Elisa Rendina-Ashley has over 20+ years of professional experience working closely with children and families. She is a graduate of the University of Waterloo, Bachelor of Arts degree, where she graduated with a concentration in sociology/psychology with the emphasis on certificate studies in Social Work and Social Work with abused children. Elisa has extensive experience in management roles within the corporate sector as well as in the Operations, Management and Strategic Planning for social service agencies, OPRs and other agencies in the for profit and non-for-profit division.

Elisa is trained in Child Development, Trauma Counselling & Investigations, Anti-Oppressive Strategies & the Power of Play with children, youth & families. Elisa has been certified in Theraplay and the Marschak Interaction Method, which she has utilized in her work with therapeutic supervised access program. Her most recent training has been in high conflict relations by the High Conflict Institute of San Diego, California in the New Ways for Families. Elisa is a **S.A.F.E Home Studies Practitioner** as well as a **S.A.F.E Home Studies Supervisor**. Elisa is also certified as a **Mental Health First Aid Responder-Youth** through the Mental Health Commission of Canada.

She has extensive experience working within and alongside the Ontario Child Welfare system, providing psycho-education to parents and caregivers. She has facilitated psycho-educational groups, developed Access 2 Love, a therapeutic supervised access program for families and volunteered as a counselor for trauma victims through Hamilton Police Service. She draws her greatest inspiration and experience from her family, including her husband and four young sons.